

Lace Up Your Sandals!



JOIN US FOR A RACE SERIES, ISLAND-STYLE!

Island Girl Toronto 10K

Race Island style! Water, sand, steel drums,
tropical fruit, grass skirts...FUN!

Saturday, August 21

new!

Island Girl Toronto Half Marathon & 5K

Back for a tropical twist on the coolest place
in Toronto!

Saturday, September 11

Island Girls and Guys Wasaga Beach Half Marathon & 5K

Flat and fast Island Style racing!

Sunday, September 12

THE *MultiSport Canada*
**RUNNING
SERIES**

www.RUNMSC.COM

For more information and to register go to
www.RUNMSC.COM